

Position Description

Job Title	Strength and Conditioning/Sport Science
Responsible to	Head of Performance
Behaviours that Build Relationships with	Players, football staff and admin staff

Job Description	
Location	Northfleet, Kent
Working pattern and work base	Full-time, Voluntary Will be required to work flexible hours including evenings and weekends as required to fulfil the duties of the position
Summary	You will be working in a full-time football environment, with professional footballers The role is to provide Ebbsfleet United FC's first team squad with support on planning, delivery and review of both individualised and group development, aligning closely with the club's framework and approach
Responsibilities	<ul style="list-style-type: none"> Support where necessary with the planning and delivery of pitch and gym based physical development programming Support the medical staff with rehabilitation and return to play processes Support with the collection, analysis and reporting of training and match load monitoring Support the team with supervision and preparation on matchdays (GPS and additional conditioning) Assist with the physiological/physical testing and screening of players throughout the season Conduct internal research and reviews of the training load, performance and injuries using GPS and VALD

Person Specification	
Qualifications and experiences	Currently studying towards relevant qualification in Sport Science or Strength & Conditioning Recent graduates are also welcome to apply Desirable: worked with professional athletes
Skills required/desirable	<ul style="list-style-type: none"> Experience of training/rehabilitation principles and a sound understanding of rehabilitation processes

	<ul style="list-style-type: none"> • Excellent communication skills with the ability to liaise with players, medical staff, and coaches in a professional manner • Demonstrate consistent leadership and management skills • Ability to work in a high pressurised environment with a flexible approach to working hours and hob role • Attention to detail, organisation and time management skills • Adaptability to changing environment at short notice • Ability to set and maintain high personal and professional standards • Evidence of being a strong team player • Be innovative with progression of the department • Competent use of IT programmes and online systems • Ability to display key GPS data visually post session • Understanding of GPS system (preferably OH Coach) and VALD, and Power BI
Personal Qualities	<p>What are we looking for in the right candidate?</p> <ul style="list-style-type: none"> • An excellent communicator, presents professionally and has good interpersonal skills • Willing to be ‘hands on’ and brings a positive ‘can do’ attitude • Good work ethic • Understands the flexible work nature of the industry • Able to work in a team • Be agile and able to adapt to different and changing situations • Have the drive and enthusiasm to set high standards and achieve team objectives

Ebbsfleet United FC strives to ensure it provides an environment where everyone’s rights, dignity and individual worth is respected and takes a zero-tolerance approach to any form of discrimination. Equal Opportunity is an integral part of our recruitment and selection process, and we welcome applications from all individuals who feel they meet the core requirements of the role. All appointments will be made on merit of skill and experience relative to the role.

If you are interested in the role, please email a copy of your CV and a covering letter to careers@euafc.co.uk.